

# Adaptation example



**Mrs Murray**  
**82 years old**

Currently lives on her own in a 3 bedroom semi-detached house. Wishes to move to sheltered housing. Mrs Murray has severe arthritis which prevents her from gripping hand rails, she has stairs internal and external leading to her front door. This means that she is housebound without assistance from family/friends.

## Mrs Murray options are:



- ✓ Mrs Murray would need to complete housing application form(s) to join the waiting list(s) for sheltered accommodation providers
- ✓ She would then be able to bid on properties as and when they become available
- ✓ She would be able to apply for medical banding due to her current home being unsuitable for her needs
- ✓ Mrs Murray could also move to a private sheltered complex or look to downsize to a smaller property.

Alternatively, Mrs Murray could ask HSCP for an assessment and potentially have a stair lift installed, however this would be disruptive to the house, and not feasible in every house. She would still be under occupying a house that is costing her more money to heat and manage than a smaller shelter property would.