

NURSERY SCHOOL LUNCH MENU

Oct 2023–24



23/10, 13/11, 4/12, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04, 29/04, 20/05, 10/06, 01/07, 22/07, 12/08, 02/09, 23/09

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Golden Lentil & Vegetable Soup (V)	Crudité Platter with Herb Dip (V) (E)	Vegetable & Noodle Soup (V) (G) (E)	Melon Boats	Spring Vegetable Soup (V)
Meal Option	Breaded Fish Fingers with Diced Potatoes & Peas (F) (G)	Vegetarian Sausage Roll with Mashed Potatoes & Baked Beans (V) (G) (S) (SU)	Chicken & Gravy with Baby Boils & Carrots (CH)	Mature Cheddar Macaroni Cheese with Herby Bread & Crunchy Salad (V) (G) (M)	Chickpea, Sweet Potato & Spinach Curry with Rice & Green Beans (V) (S)

30/10, 20/11, 11/12, 1/01, 22/01, 12/02, 04/03, 25/03, 15/04, 06/05, 27/05, 17/06, 08/07, 29/07, 19/08, 09/09, 30/09

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Golden Lentil Soup (V)	Crudité Platter with Herb Dip (V) (E)	Vegetable & Noodle Soup (V) (G) (E)	Melon Boats	Spring Vegetable Soup (V)
Meal Option	Margherita Pizza with Wedges & Sweetcorn (V) (G) (M)	Vegetarian Meatballs & Pasta in a Tomato Sauce with Broccoli (V) (G) (S)	Steak Pie with Baby Boils & Fresh Seasonal Vegetables (B) (G)	Chicken Curry with Rice & Garden Peas (CH)	Salmon & White Fish Goujons with Wedges & Sweetcorn (F) (F) (G)

06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05, 03/06, 24/06, 15/07, 05/08, 26/08, 16/09, 07/10

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Golden Lentil & Vegetable Soup (V)	Crudité Platter with Mayo Dip (V) (E)	Vegetable & Noodle Soup (V) (G) (E)	Melon Boats	Spring Vegetable Soup (V)
Meal Option	Omelette with Sweet Potato Wedges & Baked Beans (V) (E) (M)	Macaroni Cheese with Crunchy Salad & Garlic Bread (V) (G) (M)	Margherita Pizza with Diced Potatoes & Sweetcorn (V) (G) (M)	Beef Bolognese Penne Pasta with Fresh Seasonal Vegetables & Herby Bread (B) (G)	Vegetarian Sausages in Onion Gravy with Mashed Potatoes & Broccoli (V) (G) (S) (SU)



- **FOOD ALLERGIES:** 'MAY CONTAIN' ALLERGENS ARE NOT STATED ON THE MENU. IF YOU REQUIRE FURTHER ALLERGY INFORMATION PLEASE SPEAK TO A MEMBER OF THE CATERING TEAM.
- **PRODUCTS:** VEGETARIAN (V) • CHICKEN (CH) • BEEF (B) • FISH (F).
- **ALLERGIES:** GLUTEN (G) • CELERY (C) • CRUSTACEANS (CR) • EGG (E) • FISH (F) • LUPIN (L) • MILK (M) • MOLLUSCS (MO) • MUSTARD (MU) • NUTS (N) • PEANUTS (PN) • SESAME (SE) • SOYA (S) • SULPHITES (SU)
- AFTER ANY HOLIDAY THE 1ST DAY BACK WILL ALWAYS BE THE MONDAY MENU AND THEN THE NORMAL DAYS WILL FOLLOW
- VEGETARIAN MENU ON REQUEST.

